

EAP Services for all Pueblo School District 60 employees and their immediate family members

Problems are a part of life.

Your employer recognizes that you or your family members can experience personal difficulties—work or non-work-related stressors that may impact your health. Your Employer provides a confidential Employee Assistance - **Program (EAP)** to help with these stressors. We provide licensed, professional counselors for stress, depression, anxiety, relationship/family, and other emotional and mental well-being issues to help you bring balance to your life. Spouse/significant other/partner and unmarried dependents to the age of 26 are also covered under the service.

EAP services



Easy access: call 1.800.645.6571
or register on-line at
ProfileEAPPuebloSchools.Org



6 Sessions per person,
per problem, per fiscal
year



CONFIDENTIAL & FREE
(up to 6 sessions)



Other services to help you and your
family during these difficult times

Other EAP services to help with your work-life balance:

- Community Resources for food, shelter, transportation, etc.
- Free behavioral wellness webinars



ProfileEAPPuebloSchools.Org

Phone: 800.645.6571

